

SHAPE YOUR BODY

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OUR SERVICES

- GROUPTFITNESS
- KAMPFSport-HAPKIDO
- SENIOREN SPORT
- CARDIO TRAINING
- ZTD-KICKBOXEN FITKICK
- PERSONAL TRAINING
- KRAFTTRAINING
- TABATA/HIIT TRAINING
- KIBO (FITNESS
KICKBOXEN NUR FÜR
FRAUEN)
- ZTD KIDS & TEEN FIT

ZANFINO-TOTAL-DEFENSE

☎ 0178 5335686

📍 Südstraße 14, 61194 Niddatal
Kaichen

